

SENSORY ATTACHMENT INTERVENTION CONSULTANCY

www.sensoryattachmentintervention.com



AN INTRODUCTION TO SENSORY ATTACHMENT INTERVENTION

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A practical step-by-step guide to this integrative and neurosequential model. Illustrated with photographs and video examples of case studies. Topics will include: the timing and choice of interventions for insecure avoidant and insecure ambivalent children, Enriched Environment Provision, and defining the term safe space in the context of current assessments and interventions .

On this day you will:

- ◇ Learn about the four levels of self-regulation.
- ◇ Differentiate between behaviours that are sensory based from behaviours that are attachment based.
- ◇ Creating an Enriched Environment in the Home and Clinic Settings.
- ◇ Understand the core fears of insecure children and how it informs our practice.

Presenter:

Éadaoin Bhreathnach is a Consultant Occupational Therapist and Attachment Counsellor, based in Northern Ireland. She has over 30 years experience of working in the NHS and in private practice. Her work focuses on the treatment of traumatised children, young people, and adults, who struggle to participate in intervention programmes because of their heightened levels of anxiety. Éadaoin developed a trauma model called Sensory Attachment Intervention (SAI) in which individuals learn to self-calm through the use of sensory regulating activities that can be easily embedded into daily live routines. Her work has gained international recognition and is cited by respected clinicians in the field of Attachment Trauma.

TIME TABLE

- 9.30** Introduction
SAI Level of Function
Levels of Self-Regulation 1-4
- 11.00** Tea/coffee break
- 11.30** SAI Model of Dysfunction
Video: Case Study of how sensory processing disorder can impact on the attachment relationship.
- 1:00** Lunch
- 2.00** Enriched Environment Provision.
Sensory vs. Attachment Patterns.
Proposed Nosology of Sensory-Attachment Patterns.
Research.
- 3.00** Tea/coffee break
- 3.30** Video: SAI Assessment & Treatment Process.
Case Study.
Questions.
- 4.30** Finish.